

PENKETH SOUTH'S AUTUMN/ WINTER MENU



PLEASE NOTE: WE WILL HAPPILY
CATER FOR ALL CHILDREN'S
NEEDS, INCLUDING ALLERGENS,
DIETARY REQUIREMENTS AND
ANY SPECIFIC REQUESTS. PLEASE
CONTACT THE CATERING
SUPERVISOR VIA THE SCHOOL
OFFICE

WEEK 1

Monday

Sausage Rolls
Cheese Rolls
served with waffles
and spaghetti hoops

Tuesday

Pepperoni Pasta Bake
Mac and Cheese
served with garlic bread and veg

Wednesday

Chicken Curry
BBQ Chicken
served with rice, naan bread and peas

Thursday

Filled subs
served with nachos and salsa

Friday

Chicken Bites
Fish Fingers
Quorn Nuggets
served with chips,
beans gravy or curry sauce

WEEK 2

Monday

Sausage
Veggie Sausage
served with potato croquette, peas
and gravy

Tuesday

Meatballs and pasta
Veggie Meatballs and pasta
served with garlic bread and veg

Wednesday

All Day Breakfast
Veggie All Day Breakfast

Thursday

Roast Chicken Dinner
Quorn Fillet Roast Dinner
served with roast potato's
veg and gravy

Friday

Cheese Burger, Chicken Burger
Quorn Burger
served with chips sweetcorn
and coleslaw

DESSERTS

Monday

Angel Delight

Tuesday

Fruit and Yoghurt

Wednesday

Chefs Choice of pudding

Thursday

Apple crumble and custard
or jelly

Friday

School Cake or Donuts