

PE Key Vocabulary

	Autumn		Spring		Summer	
Year N Vocabulary	balance, direction, bend, stop, run		copy, still jump, rock, roll, shape,		catch, jog, throw, turn	
Year R Vocabulary	travel, rules, slow, slide, crawl, hop, safely, space		balance, over, straight, hold, land		caught, score, rules, team, space	
Year 1 Vocabulary	control, dribble, underarm, target	action, balance, perform, mirroring, counts, timing, pathway	speed, level, action, control, level, point, squeeze	overarm, distance, score, swing, throw	defender, position, throw, pass, distance, send	jog, leap, bend, control, target, leap, further
Year 2 Vocabulary	receive, target, collect, kick, send, track	create, expression, dynamics, unison, speed, matching	sequence, straddle, pike, direction, level, shape, pike, star, link	communicate, include, support, instructions, map, successful, solve, plan	defend, point, ready position, trap, return, point	take-off, sprint, aim, landing, target, sprint, overarm, distance
Year 3 Vocabulary	contrast, body tension, extend, landing position, patch, point	accurate, block, personal best, possession, technique, block, receive, opponent	compass, course, route, teamwork, trust, tactics, discuss, symbol	two-hand carry, early catch, score, sidestep, score, pass backwards	accuracy, stump, strike, tactics, bowler, umpire	power, further, event, baton, power, relay, strength, speed

Year 4 Vocabulary	action, reaction, dynamics, canon, formation	accelerate, intercept, invasion, momentum, opposing, referee	pressure, track, accurate, collect, decision, possession, react	try, step and play, dodge, tackle, play-the-ball, tip hip point	backstroke, breaststroke, crawl, float, treading water, water safety	distance, stamina, stride, officiate, transfer of weight, pace, launch
Year 5 Vocabulary	buoyancy, endurance, exhale inhale, streamline, stroke	avoid, cushion, fake, force	asymmetrical, momentum, symmetrical, synchronisation, transition	dominant, non- dominant, pressure, serve, sportsmanship	drive, create, rebound, intercept, stance, accelerate, angle	approach, changeover, consistent, javelin, shot put, stamina, stride
Year 6 Vocabulary	choreography, stimulus, motif, rehearse, refine, pose, structure	abide, doubles, recover, volley, consecutive, continuous, serve	angle, deny, maintain, dictate, react	thrust, set, extend, placement	navigate, orientate, adhere, cardinal points, critical thinking, location, navigate	officiate, phase, stance, discus, release, fling