WHAT'S IN THIS MONTH'S ISSUE:

- **Managing your child's device**
- **Kidsafe**
- **Internet Safety Rules**

Spotlight on Safeguarding

Dear Parents / Carers

Welcome to our March edition of our Safeguarding Newsletter. At Penketh South, we are committed to ensuring a culture of safeguarding in our school and it is paramount in all we do. We hope that our termly safeguarding newsletters are giving you an overview of our approach, offer some useful guidance and information and inform you of what your children are learning in school about how to keep themselves safe.

KIDSAFE UK

In school we use a programme called Kidsafe to help to educate our children about mental health and emotional wellbeing, and empowering them to speak out to a trusted adult about anything that makes them feel sad, scared or worried. The programme covers the topics of cyberbullying and internet safety through activites and discussions that are age-appropriate and child-friendly.

DO YOU NEED HELP MANAGING YOUR CHILD'S DEVICE?

You can use Google Family Link or Apple Family Sharing to help you depending on your child's device.

Google Family Link
This is a parental control app from Google that lets you: - See activity reports showing how long they spend on each app. - Approve or block new app downloads. - Set screen time limits. - Find their location (using their device). You will need to download an app and then decide appropriate settings.
https://families.google.com/familylink

Apple Family Sharing
You can set up Family Sharing in the settings of your device. Family Sharing allows you to: - Share Apple subscriptions. - Share purchases from the App Store. - Approve what children purchase/download. - Limit screen time. - Share locations and find devices.
https://www.apple.com/uk/family-sharing/

Monitoring Apps (paid for)
In addition, there are apps that you can pay for that you may find provides a better solution for you. Whilst we cannot recommend a specific product, these are some examples that you could review and test using a free trial:
• Norton Family: https://uk.norton.com/products/norton-family
• Qustodio: https://www.qustodio.com/en/
• Family Time: https://familytime.io/

Age restrictions for social media platforms

What is the minimum age for account holders on these social media sites and apps?

Under 13: Roblox, PopJam, FaceTime

13+: Twitter, Facebook and Messenger, Viber, WeChat, Monkey, Yubo, Dubsmash, Instagram, TikTok, Skype, Google Hangouts, Reddit, Snapchat, Pinterest

16+: WhatsApp, Telegram Messenger, Tumblr

17+: Line, Sarahah, Tellonym

Sourced from NSPCC website October 2019

Key Internet Safety Rules to share with your child:

1) Don't post any personal information online – like your address, email address or mobile number.

2) Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it— is it a photo you would want everyone to see?

3) Keep your privacy settings as high as possible.

4) Never give out your passwords (except to your parents if they want to check your accounts to keep you safe).

5) Don't befriend people you don't know.

6) Don't meet up with people you've met online. Speak to your parent or carer about people suggesting you do.

7) Remember that not everyone online is who they say they are—adults sometimes pretend to be children to make friends with you online.

8) Think carefully about what you say before you post something online.

9) Respect other people's views, even if you don't agree with someone else's views doesn't mean you need to be rude.

10) Use parental safety software/apps to block inappropriate internet use and monitor your children's online activity.

11) Ensure that the online games your child wants to play are appropriate to their age.

12) If you see something online that If you see something online that makes you feel uncomfortable, unsafe or worried: leave the website and tell a trusted adult immediately.

KEEP CALM AND STAY SAFE ONLINE