



Don't keep it
secret!

Touching

Has someone touched you and made you feel uncomfortable? Or has someone touched you somewhere where they shouldn't?

You must tell someone at school so we can help.

E-safety

Has anyone sent you unkind messages or threatened you on your phone, i-pad or other electronic device?

Have you seen something online that has upset you or that worries you?

Has someone online asked you to do something which made you feel uncomfortable?

You must tell someone at school so we can help.



Trying to give you tablets, cigarettes, drugs or alcohol

Has someone asked you if you want a tablet or to smoke a cigarette, or have a drink of something strange?

Do not eat, drink or smoke what they give you.

You must tell someone at school so we can help.

Hurting

Has someone hit, punched or kicked you? Or hurt you in another way?

You must tell someone at school so we can help.

Bullying

Is someone hurting you, threatening you or calling you names and have they done it before?

You must tell someone at school so we can help.

You have the right to feel safe and happy.
Don't keep sad or worried feelings to yourself – tell someone!